

The Long Sleep

Sleep Deprivation and Disease Sleepiness Narcolepsy All the Year Round - Conducted by Charles Dickens Sleep Disorders The Encyclopædia Britannica Little women, and Good wives, with a frontisp. by W.T. Smith Early days; or, The Wesleyan scholar's guide Firelight Stories Success with Flowers, a Floral Magazine Harper's Young People Our Darlings Temple Bar Library Magazine of American and Foreign Thought Herald of Health Chambers's Journal of Popular Literature, Science and Arts Battle Field and Prison Pen The Encyclopaedia Britannica The Eclectic Magazine of Foreign Literature, Science, and Art The Life of Samuel Johnson, LL.D. Matt T. Bianchi Michael J. Thorpy Meeta Goswami Robert Leon Williams Louisa May Alcott John W. Urban James Boswell

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the cognitive and behavioral implications of sleep deprivation have been noted in the medical literature for many years in addition emerging research continues to demonstrate the contribution of sleep deprivation to some of the most common and costly health conditions today sleep deprivation and disease provides clinically relevant scientific information to help clinicians public health professionals and researchers recognize the ramifications of sleep deprivation across a broad spectrum of health topics this timely reference covers sleep physiology experimental approaches to sleep deprivation and measurement of its consequences as well as health and operational consequences of sleep deprivation clinical challenges and areas of uncertainty are also presented in order to encourage future advancements in sleep medicine and help patients avoid the outcomes associated with the myriad causes of sleep deprivation

written and edited by leading clinicians and researchers in sleep medicine this is the first book to focus on the causes consequences and treatment of disorders of excessive sleepiness extensive coverage is provided for all known causes of sleepiness including sleep deprivation obstructive sleep apnea syndrome narcolepsy and other hypersomnias of central origin shift work and medical and psychiatric disorders since many causes of sleepiness are difficult to differentiate from each other and treatment modalities can vary greatly from one disorder to another this book helps the clinician to formulate a differential diagnosis that will ultimately lead to the correct diagnosis epidemiology evaluation of the sleepy patient diagnostic investigations including neuroimaging subjective and objective testing cognitive effects of sleepiness motor vehicle driving issues medico legal aspects of sleepiness and therapy are also discussed in detail this is an essential resource for neurologists psychiatrists and sleep specialists

narcolepsy serves as a prototype of how the interaction of high quality clinical research and groundbreaking basic science can collaborate to define the cause of a disease and change forever how we evaluate and treat it there is scarcely a topic in this book that would have been covered in the same way 10 years ago as it is discussed today we are also fortunate that many of the players in this dramatic tangle around have contributed to this volume so that the result is a tapestry of the events that have transformed the field over the last decade that is both authentic and detailed the first section of the book provides much of the basic science background as described in the first two chapters the dramatic convergence of lines of evidence from two different laboratories first demonstrated in 1999 that narcolepsy is a disease of loss of neurotransmission by lateral hypothalamic neurons making the peptides that have been called orexins or hypocretins these findings did much to clarify and unify a field that had puzzled for decades over the fundamental nature of this puzzling disease as reflected in

the chapters that review its epidemiology and neuroanatomical and imaging findings

sections cover classification and diagnosis primary sleep disorders disorders of the sleep wake cycle disorders secondary to other psychiatric and mental conditions and pharmacotherapy each chapter deals with a particular medical specialty or disease entity topics covered include interactions between sleep and pathological states drug effects eeg profiles metabolic endocrine changes in the elderly annotation copyrighted by book news inc portland or

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